



CANTEEN MENU

Denotes vegetarian options available

ST. STEPHEN'S CARRAMAR

SUMMER MENU.....

Daily Specials

Mondays and Wednesdays are Pastry Free Days

MONDAY; #	TOASTED FLAT BREAD WITH TWO FILLINGS OR BURRITO MIX e.g.. Cheese and tomato or Chicken and cheese.	\$2.00 half \$4.00whole
TUESDAY; #	HOME MADE FRITTATA SLICE WITH SMALL GARDEN SALAD	\$2.00 half \$4.00 whole
WEDNESDAY; #	CAESER SALAD or TUNA SALAD	\$2.00half \$4.00 whole
THURSDAY; #	HAMBURGER, FISH BURGER OR VEGIE BURGER ALL SERVED WITH SALAD	\$2.00half \$4.00 whole
FRIDAY; #	LEBANESE SALAD WRAP WITH YOUR CHOICE OF FILLING	\$2.00half \$4.00 whole

ROLLS & SANWICHES	ROLLS	SANDWICHES	<i>MONDAY AND WEDNESDAYS ARE PASTRY FREE DAYS</i>	
Chicken	\$3.00	\$2.60	<i>Sausage Roll</i>	<i>\$2.20</i>
Premium leg ham	\$3.00	\$2.60	<i>Meat Pie</i>	<i>\$3.00</i>
Salad	\$4.00	\$2.60#	<i>Beef, Cheese and Bacon Pie</i>	<i>\$3.00</i>
Egg	\$2.80	\$2.60	<i>Pizza Pie</i>	<i>\$3.00</i>
Tuna	\$2.80	\$2.60	<i>Cruiser</i>	<i>\$2.20</i>
Cheese (reduced fat)	\$2.80	\$2.60	<i>Potato Pie</i>	<i>\$2.20</i>
Tomato	\$2.80	\$2.60	<i>Spinach and Ricotta Roll #</i>	<i>\$2.20</i>
Jam or Vegemite	\$1.50	\$1.30	<i>Party Pies</i>	<i>\$1.00</i>
			<i>Vegetarian Pastie #</i>	<i>\$2.50</i>
Salad extra - tomato, cucumber, carrot, beetroot, Lettuce, sprouts capsicum .	\$1.00	\$1.00#	Tomato Sauce portion	.20c
			Lasagne	\$3.50
Avocado	\$1.00	\$1.00#	Spaghetti Bolognese	\$3.50
Falafel	\$1.00	\$1.00#	Macaroni Cheese#	\$3.50
Mayo, Chutney, Pickles, Chillli Sauce or Mustard	10c each	10c each	Teriyaki Chicken	\$3.50
			Chicken Fried Rice	\$3.50
Pineapple	50c each	50c each#	Curry Beef and Rice	\$3.50
			Sweet Chilli Tender	\$1.40
Toasting extra	20 cents	20 cents	Ham and Cheese Pizza	\$3.00
Extra Filling	50 cents	50 cents	Cheese and Pineapple Pizza	\$3.00
			Vegetarian Pizza #	\$3.00
Lebanese Salad wraps (choice of fillings above)	\$4.00 whole	\$2.00 half#	Hot Chicken Roll	\$3.00
			Strip Sub (Chilli tender with lettuce & Mayo in Roll)	\$3.00
			Sushi Hand Roll Tuna, Chicken or Vegetarian #	\$3.60
			Potato fillers#	\$1.50
			Burritos #	\$2.00 half \$4.00 whole

PREPARED SALADS

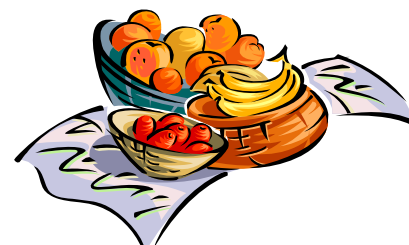
Large Salad Plate with chicken or Ham or Falafel	\$5.00#
Small Salad bowl with Ham or Egg or Chicken	\$3.50#
Vegie Munchie Bag , carrot,celery cheese & biscuits	\$3.00#
Fruit Munchie Bag seasonal fruits in sliced portions	\$3.00#
Fresh Fruit Salad Cup seasonal fruit	\$2.00#

EXTRAS.

Browns yoghurt tub	\$1.80	Sticky Bun	\$1.50
Jelly Cup	\$1.00	Sultana Box	50c
Koala Popcorn	\$1.00	Piece of fruit	80c
Vegie Chip	\$1.00	Two Fruits Tub	\$1.50

Sweet Breads

Banana bread	\$2.00
Banana choc	
Mango and coconut	



Drinks Menu.

SMALL MILK DRINKS

Plain Milk	300m	\$1.20
Chocolate Calciyum	250ML	\$1.90
Strawberry Calciyum	250ML	\$1.90
So Good Soy Chocolate or Plain		\$1.50
Up and Go chocolate or strawberry		\$2.00

BERRI JUICES

Multi V breakfast	\$2.20
Apple	\$2.20

HARVEY FRESH JUICES.

100% Orange	sml \$1.80	Lge \$2.50
Apple and Blackcurrant		\$2.50
Apple and Guava		\$2.50

Bottled Water

\$1.00

Just Juice Box, Apple, Orange, Apple and Blackcurrant	\$1.00
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Mountain Fresh 100% Juice, Tropical only	\$2.00
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THANKYOU TO ALL OUR WONDERFUL VOLUNTEERS,

Our canteen could not run without your help. If anyone else would like to come and see what all the smiles are about please call us and we will gladly work out a time that is suitable for you. Morning shift is 8.30ish – 11.30am Afternoon shift is 11.30am– 2.30pm but these are only a guideline. If you can only spare an hour, that's fine.

WE ARE HAPPY TO ACCOMMODATE ANY *GENUINE* DIETARY REQUIREMENTS Lactose Free, Gluten Free, Preservative or Additive Free, Vegetarian, Diabetic, Allergies.

Please contact us on 93067132 Should you have any questions.

GST has not been added to selling prices. Prices are subject to increase by manufactures.

Primary Students may only order through their class baskets.

Secondary students must place their order at canteen no later than end of recess.

We would appreciate **Staff** orders no later than end of Secondary recess also. Thank you.

LARGE MILK DRINKS

Choc Chill	\$3.00
Berry Chill	\$3.00
Banana Chill	\$3.00
Mocha Chill	\$3.00
Coffee Chill	\$3.00
Plain Milk	\$1.80

Lipton Ice Teas

Peach	All \$2.50
Citrus	
Lemon	

