



19 June, 2009

Issue 9 2009

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Parenting Ideas: Body Image

Building and developing trust effectively is the first step in building successful relationships. Successful teaching and learning takes place in an environment that has, at its heart, strong connections between teacher, student and parents.

Last week I attended the first of a two day workshop that looked at this and other issues in the context of leadership. What struck me was that many of the ideas mentioned for building trust could be applied to teaching and learning.

Below are ten ways that trust can be built and in which better teaching and learning can take place; whether in the classroom or at home:

Demonstrate consistency and reliability.

Ensure that others are aware what to expect.

Listen **at least** twice as much as you speak. As Stephen Covey says, "seek first to understand **then** to be understood".

Be sensitive to people's limits and vulnerabilities.

Admit mistakes, be honest about what can and cannot be done.

Thank, acknowledge and value others for what they do. Praise generously and often – do it sincerely.

When giving difficult feedback, do it sensitively and with respect.

Learn about what is important to people.

Every person is worth talking to, tell yourself this.

Keep confidences.

(M. O'Bree, The Leadership Coaching Guide 2009)

Finally, Stephen Covey states: "*Begin with the end in mind*".

With these ideas in mind, may I wish all members of our community a relaxing mid year break.

*Mrs Donella Beare*  
*Head of the Secondary School*

## Whole School Information

Dear Parents

We have the latest information from the Federal Minister for Health, Nicola Roxon regarding the H1N1 Influenza 09 (Human Swine Influenza) Update.

We are now in the **PROTECT** phase of this outbreak.

That means that partial or full individual ***school closures are no longer recommended.***

Also the ***voluntarily exclusion for 7 days*** of students and staff who have travelled to affected countries or Victoria is no longer appropriate and ***ceases*** effective from 17 June.

The **key messages** include:

1. Children and staff who have influenza-like illness should not attend school until they are well.
2. Any student and staff who present to school with influenza-like symptoms will be checked by our School Nurse who will determine whether the person needs to go home. In such an event, parents will be contacted.

The message is: "**Stay home and do not go to work, school or social events until you are well.**"

3. Healthy children and adults with a mild flu-like illness do not need to go to the GP or hospital to be tested for human swine flu. They should completely recover on their own with out the need for prescription medicines. Those with severe illness should consult their GP for specific advice.
4. Hygiene is very important to reduce the spread of influenza.
  - wash hands frequently
  - avoid touching your eyes, nose or mouth
  - cover your nose and mouth when sneezing or coughing
  - avoid contact with people who are unwell.

Thank you for your cooperation and support.

Yours sincerely

Caryl Roberts  
Principal

18 June 2009

## Whole School Information (cont)

Key Dates 2009			
Mon-Fri 22-26 June	Primary and Yr 7 Arts and Academic Festival	Mon 29 June	Primary Captains' Election
Mon 22 June	Yr 12 Leadership Evening Music Concert	Fri 3 July	<i>Dove Tales</i> End of Term 2
Tue 23 June	CAS	Mon—Fri 20-24 July	VET Wet Trades Balga Workplace Learning Bethany Home Tour
Wed-Fri 24-26 June	Yr 10 Exams	Tue 21 July	Reporting Day
Wed 24 June	CAS VET	Wed 22 July	Yr P-12 return
Mon-Fri 29 June— 3 July	Yr 10 Work Experience VET Wet Trades at Balga TAFE	Thu 23 July	Yr 11, 12 SWL
		Fri 24 July	Primary House Cross Country Yr 4-7 <i>Dove Tales</i>

### Congratulations!

Jaron Morgan (Year 9) represented Western Australia in the U14 Indoor Cricket Championships earlier this month.

### Uniform Shop

When returning uniforms please make sure these have not been worn and are in the same condition as when you purchased them i.e. no dog or cat hair on them or they will not be exchanged.

Second hand uniforms are to be washed or dry-cleaned i.e. blazer to have the docket with them stating they have been dry-cleaned, with no stains or very little marks on them. Uniforms that do not sell after a year will not be returned to owners as there are too many to go through. They are then donated to the needy. Please be aware that you do sign a document stating this.

The secondary school girls' skirt is the same one as before.

We will be closed this school holidays but will be open on Tuesday 21 July 10.00am-2.00pm

Uniform hours during term time are:

Tuesdays 12.30pm- 4pm

Thursdays 8.00am- 11.00am

### Duty of Care

Staff members are on duty from 8.05am. Students who arrive before this time are not supervised. There is also no staff supervision provided after school. Students are therefore not allowed to play on any playground equipment.

### Nut Products

Please be aware that in our school community we have several students who have life threatening reaction to peanuts. Therefore, this school is, as much as possible, a "nut free zone". Please avoid giving children food containing nuts.

### Parking in a Disabled Bay

Parents are reminded that should you park in a disabled bay within the School grounds and do not have an Acrod sticker, the local Council can and will fine you \$120. You will be responsible for payment of the fine.

## Whole School Information (cont)

### Reduce, Reuse, Recycle

For the past few years we have been recycling our paper and, in more recent times, addressing the issues of reducing our use and wherever possible reusing our resources. Parents are encouraged to come on board and be a part of this move within our school. The latest move is to have a battery recycling collection point in the school where used batteries (not car batteries!) can be deposited for eventual collection and disposal.

Used and unwanted batteries can now be left in the recycling bin located in the school library.



### Knitting, knitting and more knitting!

Our Year 8s continue to knit furiously and I know they are leaning on lots of family members to help. We will be knitting for the remainder of Term 2. It would be great to have any squares that anyone has knitted delivered to the school before we go on holidays. Any donations of wool and/or needles would be greatly received!

### 40 hour Famine

Our school has a great tradition of doing the 40 hour Famine and each year raising a sizable total. Booklets will be issued to students this term in preparation for the Famine in August. Parents are asked to have the discussion with their child about doing the Famine before books are taken home.

A condition on taking a fundraising booklet is that it comes back! Parents and students are asked to appreciate that these booklets contain tax receipts and we will be following up to make sure all booklets are accounted for.

So what is the challenge? Can we reach a total in excess of last year (\$10 500)? Can the Year 11s and 12s raise more than the staff this year? Will the Year 8s win again? Can a boy be the school's top fundraiser? Can one of the other houses raise more than Charis? Will you beat your own record? **Will you do something of which you can be proud?**

### Men With A Mission—Rock and Water Program

Fathers are invited to hear Mr Craig Van Waardenberg explain the world wide phenomenon which has been showing boys how to deal with bullies. Craig will give some "hands on" instruction during this session, so wear comfortable clothing!

Date: Wednesday 24 June—6.30pm for dinner, 7.30pm for the speaker

Venue: Glengarry Tavern, Warwick Road, Duncraig

Cost: \$5 at the door. A-la-carte menu available. Buy your own drinks.

Contacts: Brian Plowman (9306 7363), Roderick Wood (9306 7104) or Glenn Chinen (9243 2135).

### We need your music

The Thanksgiving Service for the Carramar Campus will be held on Friday 11 September in the Sports Centre. This year, we are planning to have a large band and a massed choir consisting of students, staff, AND PARENTS. If you would like to join the band, please contact Mr Shannon de Bie (debiesh@ststephens.wa.edu.au or phone 9306 7100). Singers please contact Miss Jennifer Key (keyje@ststephens.wa.edu.au or phone 9306 7100). Rehearsals will begin next term and will be scheduled so that parents and staff can participate.

## Primary

### Primary Arts and Academic Festivals

Our Primary Arts and Academic Festivals (Arts and Smarts) will be held in the week beginning 22 June. If your child is participating they have received notification of the time of their event. Parents are very welcome to come and watch any of the events, most of which will be held in the Primary Forum. Please encourage your child and assist them in their preparation. If you have any queries about the festival please talk to Dr Phil Ridden.

### Oral Reporting

Reports will be available on Reporting Day, Tuesday 21 July when teachers are available to meet with parents for interviews. Your child is welcome to be part of that interview unless you wish to discuss something particularly confidential.

In the last issue of *Dove Tales* (Issue 8) we provided a schedule on which you can nominate your preferred interview time. Please note that interviews are timed for 10 minutes only. If there are larger issues that you need to discuss with the teacher please negotiate an alternative time. Specialist teachers are not listed on the schedule. If you would like to meet with any of them please contact them directly or through the Primary Office—phone 9306 7111.

## Secondary

### Cancellation of the Secondary Non Uniform Day

Unfortunately due to persistent inappropriate clothing being worn by a significant number of students on previous non uniform days, the Leadership Team have cancelled the non uniform days at the end of each term for students in Years 7 - 12.

### Reporting Day 21 July

The Parent/Teacher/Student interview day for all students from Years 7 – 10 will take place on Tuesday 21 July. This will be a pupil free day. On this day, parents are asked to pick up their child's report and then meet with each of the teachers. Appointment times will be available from 7.30 am - 7:30 pm. Letters and interview schedules will be available soon.

### Year 10 Exams

Letters and exam schedules have been sent home via homeroom this week regarding the Year 10 exams. In class exams will commence on Monday 22 June with French students being withdrawn from classes on Wednesday, 24 June. All students will sit 'core' subject exams on Thursday 25 June and Friday 26 June. If you have any queries, please contact the Secondary Office or Mrs Dorney on 9306 7148.

### Contact by Secondary Parents

Staff at St Stephen's School welcome parent contact and discussion as we continue to work in partnership for the best outcomes for your child. Should you wish to contact a staff member please feel free to telephone or make an appointment so they can ensure their availability to speak with you. Unfortunately there have been some instances when parents have come to the school without an appointment and the staff member they wish to speak with is not available. In order to prevent this from happening we urge all parents to either phone or make an appointment at the Secondary Reception. The phone number is 9306 7100.

### Year 12 TISC Information Evening

Year 12 parents were recently sent a letter inviting them to attend the TISC Information Evening being held at the School on **Tuesday 23 June 2009 in the Charis Forum to begin at 7pm**. This important presentation will give students information on University entry, TAFE entry, selection processes, TISC procedures, subject and TER requirements for entry to courses and alternative entry procedures for University. It is strongly recommended that parents and students attend this evening to ensure they have a good understanding of the process for entry to Tertiary study as they begin to plan for life after St Stephen's School.

## Community News

**St Stephen's Uniting Church Carramar:** A church meeting is held at 9am each Sunday in the Primary Forum. All are welcome to attend. The Minister is Rick Williams, phone 9306 7338.

### Tapping Dental Therapy Centre

With the winter/influenza season approaching and the need to contain the spread of infection, it is wise to take simple precautions to minimise transmission of all respiratory infections.

As part of this process, if your child feels unwell, has high fever, cough and/or sore throat, they should not attend for dental treatment.

You are advised to contact the Dental Therapy Centre to cancel your child's appointment and make another appointment for your child at a later date.

If your child is in pain or requiring urgent treatment, this can be discussed and arranged with staff at the clinic.

Those children who attend with symptoms of illness will not be treated.

Tapping Dental Therapy Centre is located at Tapping Primary School, 87 St Stephens Crescent, Tapping. Phone 9404 7902, fax 9404 6133.

**The City of Joondalup invites parents to free workshops** at the Joondalup Library in Boas Avenue:

- Parent Separation—Guide for Parents with Teenage Children Thursday 13 August 6.30-8.30pm
- Everything you need to know about Leavers' Week Wednesday 21 October 7.00-8.30pm
- Understand your Adolescent Tuesday 8 December 6.30-8.30pm

Refreshments will be provided. Bookings are essential. Please contact the Youth Services Team Leader on 9400 4223.

### Karate at St. Stephen's School

Karate training has a range of benefits for everyone, promoting physical wellbeing, increased confidence, concentration, self-esteem...and it's fun! Separate adult/ teen and junior classes with qualified and committed instructors. Phone Ben on 9243 3554 for more information.

### UnitingCare West Winter Appeal

The sad fact about the world's economic crisis is that people who were financially comfortable are finding themselves struggling to pay the rent or buy food for their children.

To help in a time of crisis, UnitingCare are seeking donations. These can be done online at [www.unitingcarewest.org.au](http://www.unitingcarewest.org.au) or by phoning 1300 663 298

Please give generously. Every little bit helps.

**This fortnight's Bible Reading: please click on** <http://www.lectionarystudies.com>

# School Information

## Office Hours

8.00am—4.00pm  
Secondary Office 9306 7100  
Primary Office 9306 7111

## Uniform Shop

Uniform Shop hours are:        Tuesday 12.30pm -4.00pm  
   Thursday 8.00am -11.00am

## Term Dates 2009

Term 2                    ends Friday 3 July  
Term 3                    Wednesday 22 July—Friday 25 September  
Term 4                    Tuesday 13 October—Friday 4 December

## Term Dates 2010

Term 1                    Friday 29 January—Thursday 1 April  
Term 2                    Tuesday 20 April—Friday 2 July  
Term 3                    Tuesday 20 July (Reporting Day)  
   P-12 start Wednesday 21 July—Friday 24 September  
Term 4                    Tuesday 12 October—Wednesday 8 December





**Carramar Campus Thankgiving Service**—Friday 11 September in the Sports Centre.

**Secondary Presentation Evening**—Friday 27 November in the Sports Centre. This is the school's formal farewell to the Year 12 students.

**Primary Celebration and Awards Night**—Monday 30 November in the Sports Centre.

## Canteen Roster—if you can help, please call 9306 7132

		8.30-11.00am		11.30am—2.00pm
Monday	22-Jun-09	New Crosser		Justine Craven
Tuesday	23-Jun-09	Norgard		HELP NEEDED
Wednesday	24-Jun-09	H Weybury	L Saunders	HELP NEEDED
Thursday	25-Jun-09	Derrin Muirden		A Res
Friday	26-Jun-09	Janelle Vlahov		Michelle
Monday	29-Jun-09	Amy McCallum		HELP NEEDED
Tuesday	30-Jun-09	Norgard		K Izzo
Wednesday	1-Jul-09	HELP NEEDED		J Dugdale
Thursday	2-Jul-09	B Lang		HELP NEEDED
Friday	3-Jul-09	HELP NEEDED		HELP NEEDED

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## CAREERS INFORMATION

### National Careers and Employment Expo

If you missed out on the opportunity to attend the fantastic Careers Expo recently held at our Duncraig Campus there is still one final opportunity to access Universities, TAFEs, Training Organisations and Industry all in the one place this year. The National Careers and Employment Expo is on this **Friday and Saturday, 19 - 20 June**, from 9am to 4pm at The Perth Convention and Exhibition Centre. For more information visit [www.ecoexpo.com.au](http://www.ecoexpo.com.au).

### Final Opportunities

There are still places available for the following programs but applications for each close very shortly. If you are interested or would like more information please contact the Careers Office.

**Transition to Registered Nursing Program** – for Year 11 students. Successful completion of the program gives students direct entry to Nursing at Curtin University.

**Focus on Mining** – fantastic school holiday program for Year 12 students who are interested in learning more about the diverse opportunities available to them in Mining and Resources.

**Media Frenzy** – fun, hands-on school holiday program for Year 10, 11 and 12 students interested in Media.

### Year 12 TISC Information Evening

A reminder to all parents and students that this information evening is being held at the School on **Tuesday 23 June 2009 in the Charis Forum to begin at 7pm sharp.**

### Scholarship Opportunities

#### Puggy Hunter Memorial Scholarship

This scholarship provides financial assistance to Aboriginal or Torres Strait Islander people who are or will be undertaking tertiary studies in the Health Industry. For more information or to download an application pack (available from 27 June) visit [www.rcna.org.au](http://www.rcna.org.au).

#### University of New South Wales

The University of New South Wales Co-op Program will offer scholarships in 24 programs across Business, Engineering, Built Environment and Science in 2010. Visit [www.co-op.unsw.edu.au](http://www.co-op.unsw.edu.au) for more information or to download an application package. Information on additional University of New South Wales scholarships can be found at [www.scholarships.unsw.edu.au](http://www.scholarships.unsw.edu.au).

A listing of WA University scholarship websites was provided in an earlier issue of Dove Tales this year. Students are encouraged to start researching available scholarships now in preparation for applications in the coming months.

Murdoch University's residential WA Science and Engineering Summer School (WASESS) will be held from 17-22 January 2010 and is for up to 60 students entering Years 11 or 12 in 2010. Applications and posters will be sent to schools early Term 3 and will also be found at [www.scieng.murdoch.edu.au](http://www.scieng.murdoch.edu.au) (note there is no dot after www).